

TENNESSEE MEDICAL ASSOCIATION HOUSE OF DELEGATES

April 29, 2017

Resolution No. 05-17

INTRODUCED BY: CHARLES T. WOMACK, MD, DELEGATE  
UPPER CUMBERLAND MEDICAL SOCIETY

SUBJECT: TENNESSEE STATE PARKS "HEALTHY PARKS, HEALTHY PEOPLE"

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1 Whereas, Physical inactivity and obesity are causing increasing health problems for  
2 people of Tennessee; and  
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4 Whereas, Citizens of the State of Tennessee have access to 12 National Parks, 54 State  
5 parks, 974 Greenways and Trails covering hundreds of thousands of acres; and  
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7 Whereas, *Healthy Parks Healthy People* is a global movement that harnesses the power  
8 of parks and public lands in promoting the health of people and the  
9 environment; and  
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11 Whereas, *Healthy Parks Healthy People* advances the fact that all parks - urban and  
12 wildland are cornerstones of people's mental, physical, and spiritual health,  
13 and social well-being and sustainability of the planet; and  
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15 Whereas, *Healthy Parks Healthy People* connects people to parks through health  
16 promotion, fosters society's understanding and appreciation for the life-  
17 sustaining role of parks, and creates the next generation of park stewards.  
18 Now, therefore be it  
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20 **RESOLVED,** That the Tennessee Medical Association recognize and support *Healthy Parks*  
21 *Healthy People* program of the National Park Service and the Tennessee  
22 Department of Environment and Conservation as a valuable healing tool and  
23 a vital component of healthy living.

Sunset: 2024

Fiscal Note: *To Be Determined*