

# Phased Guidelines for the General Public and Businesses to Maximize Community Health and Economic Reactivation

In an ongoing literature review of resources developed by private industry and public entities, Leavitt Partners is developing recommendations to support the roadmap for reactivation of the Utah economy, while stabilizing population health. These guidelines, together with the “Milestones,” may provide appropriate flexibility for regions within the state to proactively protect public health, reactivate the Utah economy, and minimize damage to Utah’s quality of life.

Milestones (Draft as recommended by Leavitt Partners)	Green	Yellow	Orange	Red
<b>Disease Prevalence:</b> Weeks of sustained reduction of active COVID-19 cases	10	4	2	0
<b>Disease Growth:</b> Decrease in the transmission rate (effective reproduction rate) over sustained a certain period of weeks	5	3	1	0
<b>Disease Monitoring:</b> Ability to actively monitor confirmed cases and their contacts; random testing is in place to support data and modeling accuracy	Y	Y	Y	N
<b>Health System Capacity:</b> Ensure providers are not overcapacity and critical ICU bed utilization is returns to baseline	Return to baseline	60%	90%	100%

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# Phased Guidelines for the General Public and Businesses to Maximize Community Health and Economic Reactivation

## Overview of Guidelines for General Public *and* Employers

	Normal Risk	Low Risk	Moderate Risk	High Risk	Utah's Stay at Home (Issued 3/27/20)
Intensity of Disruption	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	
Associated Disease and Health Care System Milestones (Draft as recommended by Leavitt Partners)	<p><b>Virus is controlled (through vaccine, other treatments, robust public health measures, etc.).</b></p> <ul style="list-style-type: none"> <li>Conditional on the approval of a Special Economic and Public Health Committee</li> <li>Ten weeks of sustained reduction of active COVID-19 cases</li> <li>Decrease in the transmission rate and new cases sustained over 5-week period</li> <li>Health care system has normalized capacity</li> <li>Disease monitoring allows for randomized testing and robust contact tracing</li> </ul>	<p><b>Health system capacity is normalizing with people and businesses adapting to a new normal with a continued risk of outbreaks, but a general control of the virus.</b></p> <ul style="list-style-type: none"> <li>Conditional on the approval of a Special Economic and Public Health Committee</li> <li>Four weeks of sustained reduction of active COVID-19 cases</li> <li>Decrease in the transmission rate and new cases sustained over 3-week period</li> <li>Disease monitoring allows for randomized testing and robust contact tracing</li> <li>Health system capacity is returning to baseline levels. Pent up demand for elective procedures and visits may put new strain on system for PPE and other resources.</li> </ul>	<p><b>Health system capacity is not functioning at crisis standard of care and active cases are declining, but there is a high risk for seeing a second wave without continued public health measures.</b></p> <ul style="list-style-type: none"> <li>Conditional on the approval of a Special Economic and Public Health Committee</li> <li>Two weeks of sustained reduction of active COVID-19 cases</li> <li>Decrease in the transmission rate and new cases sustained over 1-week period</li> <li>Sustained decline of active cases, disease monitoring is establishing and starting to provide randomized testing and case tracking</li> <li>Hospital utilization is high but not over capacity and the trend is decreasing</li> </ul>	<p><b>Health system capacity is at risk of being overwhelmed with high levels of community spread.</b></p> <ul style="list-style-type: none"> <li>Conditional on the approval of a Special Economic and Public Health Committee</li> <li>Active COVID-19 cases are increasing or volatile</li> <li>Transmission of disease is increasing or volatile</li> <li>Health systems working at high capacity or preparing to work at high capacity</li> </ul>	<ul style="list-style-type: none"> <li>From Utah Leads Together:                             <ul style="list-style-type: none"> <li>Urgent: COVID-19 transmission rate of 1.5 at the beginning and 1.0 at the end (and mentions Utah must have no more than 800-1000 new statewide infections on or before April 30 and also widespread testing)</li> <li>Stabilization: COVID-19 transfer rate less than one and declining.</li> </ul> </li> <li>Recovery: COVID-19 transfer rate of near zero</li> </ul>
Overview of Guidelines for General Public <i>and</i> Employers	<ul style="list-style-type: none"> <li>Public encouraged to follow <i>Guidelines for All Levels of the General Public</i> (outlined below) and employers encouraged to follow <i>General Guidelines for Employers</i> (outlined below)</li> <li>General public and employers take <i>reasonable</i> precautions</li> <li>All businesses operating</li> <li>Certifications encouraged for businesses; certification must be displayed to the public</li> <li>Interactions in groups up to 100 (evaluate incremental larger gatherings based on milestone trends)</li> <li>Schools are open</li> <li>Traveling restrictions mostly lifted, self-monitor symptoms 14 days upon return (avoid areas of high transmission)</li> </ul>	<ul style="list-style-type: none"> <li>Public follows <i>Guidelines for All Levels of the General Public</i> (outlined below) and employers <i>General Guidelines for Employers</i> (outlined below)</li> <li>General public and employers take <i>reasonable</i> precautions</li> <li>All businesses operating</li> <li>Employers exercising discretion with remote work and returning to onsite work</li> <li>Recommend symptom checking in public/business interactions; face coverings recommended for interactions that take place within a 6-foot distance</li> <li>Certifications encouraged for businesses; certification must be displayed to the public</li> <li>Schools are open</li> <li>Interactions in groups up to 50, with incremental larger gatherings based on data &amp; milestone trends</li> </ul>	<ul style="list-style-type: none"> <li>Public follows <i>Guidelines for All Levels of the General Public</i> (outlined below) and employers follow <i>General Guidelines for Employers</i> (outlined below)</li> <li>General public and employers take <i>extreme</i> precautions</li> <li>Employees and volunteers of businesses operate remotely, unless not possible</li> <li>High-contact businesses can operate under strict protocols</li> <li>Symptom checking in business interactions; face coverings worn in interactions that take place within a 6-foot distance</li> <li>Restaurants are open for dine-in services with strict requirements</li> <li>Certifications encouraged for businesses; certification must be displayed to the public</li> <li>Employers evaluate workforce strategy and concerns and enact strategies to minimize economic impact</li> <li>In-person interactions limited to individual households and those who have been following recommended distancing and hygiene guidelines, increase use of virtual interactions</li> <li>Leave home infrequently, stay 6 feet away from others when outside the home</li> </ul>	<ul style="list-style-type: none"> <li>Public follows <i>Guidelines for All Levels of the General Public</i> (outlined below) and employers <i>General Guidelines for Employers</i> (outlined below)</li> <li>General public and employers take <i>extreme</i> precautions</li> <li>Employees and volunteers of businesses operate remotely, unless not possible</li> <li>Encourage high-contact businesses not to operate</li> <li>Symptom checking in business interactions; face coverings worn in interactions that take place within a 6-foot distance</li> <li>In-person interactions limited to individual households, increase of virtual interactions</li> <li>Only essential travel, leaving home fewer than once a week and only for essential purposes</li> <li>Leaving home infrequently, stay 6 feet away from others at grocery stores, etc.</li> <li>Limit out-of-state travel, quarantining 14 days upon return from high-risk areas</li> <li>Schools are closed</li> <li>Interactions in groups up to 10</li> </ul>	<ul style="list-style-type: none"> <li>Not provided</li> </ul>

Phased Guidelines for the General Public and Businesses  
to Maximize Community Health and Economic Reactivation

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Normal Risk

Low Risk

Moderate Risk

High Risk

Utah's Stay at Home (Issued 3/27/20)

- Limit out-of-state travel, quarantine 14 days upon return from high-risk areas
- Schools are closed
- Interactions in groups up to 20 or fewer

Phased Guidelines for the General Public and Businesses  
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Tiered Guidelines for the General Public

	Normal Risk	Low Risk	Moderate Risk	High Risk	Utah's Stay at Home (Issued 3/27/20)
<b>Social Guidelines</b>	<ul style="list-style-type: none"> <li>Interactions in larger groups, with strict hygiene measures and symptom monitoring</li> <li>Evaluate mass gatherings based on herd immunity and monitoring/testing rates</li> </ul>	<ul style="list-style-type: none"> <li>Same as Utah's Stay at Home Directive with the addition of face coverings worn in close personal interactions and public settings</li> <li>Interactions in groups up to 50, with incremental larger gatherings based on data &amp; milestone trends</li> </ul>	<ul style="list-style-type: none"> <li>Same recommendations in the high-risk column</li> <li>Interactions in groups up to 20 or fewer</li> </ul>	<ul style="list-style-type: none"> <li>Leave home only for essential reasons and as infrequently as possible</li> <li>Maintaining a 6-foot distance at all times from other individuals when in public</li> <li>No visiting friends or family without urgent need</li> <li>Not attending any gathering of any number of people, except for members of the same household or residence.</li> <li>Facing coverings to be worn in close personal interactions and in public settings</li> </ul>	<ul style="list-style-type: none"> <li>Stay at home as much as possible</li> <li>Work from home whenever possible</li> <li>Encourage socializing by phone and video chats</li> <li>Self-quarantine for 14 days after traveling or being exposed to an individual presenting symptoms of illness consistent with COVID-19</li> <li>Engage in appropriate social distancing, including:                             <ul style="list-style-type: none"> <li>maintaining a 6-foot distance at all times from other individuals when in public</li> <li>not shaking hands with other individuals</li> <li>not visiting friends or family without urgent need</li> <li>not attending any gathering of any number of people, except for members of the same household or residence</li> </ul> </li> <li>Follow strict hygiene standards, including:                             <ul style="list-style-type: none"> <li>washing hands frequently with soap and water for at least 20 seconds</li> <li>using hand sanitizer frequently</li> <li>avoiding touching your face</li> <li>covering coughs or sneezes (e.g., into the sleeve or elbow, not hands)</li> <li>regularly cleaning high-touch surfaces (e.g., buttons, door handles, counters, light switches)</li> <li>following any other standards promulgated by the Centers for Disease Control and Prevention (CDC), the Utah Department of Health, and applicable local health departments</li> </ul> </li> <li>Help others as reasonably appropriate to practice all the same principles</li> </ul>
<b>Interactions with High-risk Individuals Guidelines<sup>1</sup></b>	<ul style="list-style-type: none"> <li>Asymptomatic individuals may interact with high-risk groups, following proper hygiene standards</li> </ul>	<ul style="list-style-type: none"> <li>Asymptomatic individuals may take extra precautions and follow strict hygiene standards when interacting with high-risk groups; no symptomatic individuals</li> </ul>	<p><b>Interactions with High-Risk Individuals</b></p> <ul style="list-style-type: none"> <li>See "Households with vulnerable populations" column in General Guidelines for Red, Orange, and Yellow</li> </ul>	<p><b>Interactions with High-Risk Individuals</b></p> <ul style="list-style-type: none"> <li>See "Households with vulnerable populations" guidelines in General Guidelines for Red, Orange and Yellow</li> </ul>	<p><b>Interactions with High-Risk Individuals</b></p> <ul style="list-style-type: none"> <li>See "Households with vulnerable populations" guidelines in General Guidelines for Red, Orange and Yellow</li> </ul>

<sup>1</sup> "High-risk individual" includes those over 65, those living at senior living facilities, and those of all ages with underlying medical conditions, including chronic lung disease, asthma, heart conditions, severe obesity, chronic kidney disease, liver disease, or otherwise immunocompromised (undergoing cancer treatment, smoker, bone marrow or organ transplantation, immune deficiencies, poorly controlled HIV or AIDS, and prolonged use of corticosteroids and other immune weakening medications).

# Phased Guidelines for the General Public and Businesses to Maximize Community Health and Economic Reactivation

	Normal Risk	Low Risk	Moderate Risk	High Risk	Utah's Stay at Home (Issued 3/27/20)
	<ul style="list-style-type: none"> <li>Take proper precautions when visiting the hospital, nursing homes, or other residential care facilities</li> </ul>	<ul style="list-style-type: none"> <li>Limit visitors to the hospital, nursing homes, or other residential care facilities</li> </ul>	<ul style="list-style-type: none"> <li>Avoid physical interactions with high-risk individuals as much as possible</li> <li>Avoid visits to hospitals, nursing homes, and other residential care facilities</li> </ul> <p><b>Actions by High-Risk Individuals</b></p> <ul style="list-style-type: none"> <li>Limit travel to only essential travel, as defined below, if telework is not possible, limit travel to work-related travel only</li> <li>Limit visiting friends or family without urgent need</li> <li>Limit attending gatherings of any number of people outside your household or residence, especially with other high-risk individuals</li> <li>Do not visit hospitals, nursing homes, or other residential care facilities</li> </ul>	<ul style="list-style-type: none"> <li>Limit physical interactions with high-risk individuals</li> <li>No visits to hospitals, nursing homes, and other residential care facilities</li> </ul> <p><b>Actions by High-Risk Individuals</b></p> <ul style="list-style-type: none"> <li>Limit travel to only essential travel, as defined below, including to perform work if you cannot telework</li> <li>Limit visiting friends or family without urgent need</li> <li>Limit physical interactions with other high-risk individuals, except for members of your household or residence</li> <li>Limit recreational travel</li> <li>Limit attending gatherings of any number of people outside your household or residence</li> <li>Do not visit hospitals, nursing homes, or other residential care facilities</li> </ul>	<ul style="list-style-type: none"> <li>for Limit physical interactions with high-risk individuals.</li> <li>Limit visits to hospitals, nursing homes, and other residential care facilities.</li> </ul> <p><b>Actions by High-Risk Individuals</b></p> <ul style="list-style-type: none"> <li>Limit travel to only essential travel, as defined below, including to perform work if you cannot telework.</li> <li>Limit visiting friends or family without urgent need.</li> <li>Limit physical interactions with other high-risk individuals, except for members of your household or residence.</li> <li>Limit recreational travel.</li> <li>Limit attending gatherings of any number of people outside your household or residence.</li> <li>Do not visit hospitals, nursing homes, or other residential care facilities.</li> </ul>
<b>Family Gatherings (e.g. funeral, wedding, religious ceremonies)</b>	<ul style="list-style-type: none"> <li>Evaluate mass gatherings based on herd immunity and monitoring/testing rates</li> </ul>	<ul style="list-style-type: none"> <li>Interactions in groups up to 50 (evaluate incremental larger gatherings based on milestone trends)</li> </ul>	<ul style="list-style-type: none"> <li>Small group of close family and friends (up to 20) may attend, as long as they have been following distancing and hygiene practices for two weeks</li> <li>For funerals—larger group permitted at graveyard service as long as six feet apart</li> </ul>	<ul style="list-style-type: none"> <li>Only members of the same living unit may attend</li> </ul>	<ul style="list-style-type: none"> <li>Not attending any gathering of any number of people, except for members of the same household or residence.</li> </ul>
<b>Public Space Guidelines</b>	<ul style="list-style-type: none"> <li>Regularly disinfect high-touch areas (e.g. door handles, handrails, shopping carts, check-out counters)</li> <li>Provide hand sanitizer for individuals entering and exiting the area</li> <li>Symptomatic people wear face coverings in public</li> </ul>	<ul style="list-style-type: none"> <li>Regularly disinfect high-touch areas (e.g. door handles, handrails, shopping carts, check-out counters)</li> <li>Provide hand sanitizer for individuals entering and exiting the area</li> <li>Symptomatic people wear face coverings in public</li> <li>Asymptomatic people wear face coverings in close personal interactions</li> <li>Symptom checking in public and business interactions</li> </ul>	<ul style="list-style-type: none"> <li>Regularly disinfect high-touch areas (e.g. door handles, handrails, shopping carts, check-out counters)</li> <li>Provide hand sanitizer for individuals entering and exiting the area</li> <li>Design spaces to maintain 6-foot distance between individuals</li> <li>Wear face coverings in public</li> <li>Symptom checking in public and business interactions</li> </ul>	<ul style="list-style-type: none"> <li>Regularly disinfect high-touch areas (e.g. door handles, handrails, shopping carts, check-out counters)</li> <li>Provide hand sanitizer for individuals entering and exiting the area</li> <li>Design spaces to maintain 6-foot distance between individuals</li> <li>Wear face coverings in public</li> <li>Symptom checking in public and business interactions</li> </ul>	
<b>Use of Face Coverings<sup>2</sup></b>	<ul style="list-style-type: none"> <li>Face coverings not necessary for the general public</li> <li>Symptomatic people wear face coverings in public</li> </ul>	<ul style="list-style-type: none"> <li>Face coverings (e.g. masks, bandanas, etc.) should be worn when close contact is unavoidable</li> </ul>	<ul style="list-style-type: none"> <li>Face coverings (e.g. masks, bandanas, etc.) should be worn in public spaces in accordance with CDC's recommendations<sup>3</sup>, especially when difficult to maintain a 6-foot distance from others</li> </ul>	<ul style="list-style-type: none"> <li>Face coverings (e.g. masks, bandanas, etc.) should be worn in public spaces in accordance with CDC's recommendations<sup>3</sup>, especially when difficult to maintain 6-foot distance. Individuals should stay 6 feet away from others even when wearing a face covering</li> </ul>	<ul style="list-style-type: none"> <li>n/a</li> </ul>

<sup>2</sup> <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/cloth-face-cover.html>

<sup>3</sup> <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/cloth-face-cover.html>

## Phased Guidelines for the General Public and Businesses to Maximize Community Health and Economic Reactivation

	Normal Risk	Low Risk	Moderate Risk	High Risk	Utah's Stay at Home (Issued 3/27/20)
<b>Children Guidelines</b>	<ul style="list-style-type: none"> <li>Schools are open, with increased cleaning and hygiene regimen</li> <li>All symptomatic children should stay home from school and childcare</li> </ul>	<ul style="list-style-type: none"> <li>Schools are open, but follow distancing guidelines and CDC best practices for schools and businesses</li> <li>All symptomatic children should stay home from school and childcare</li> <li>Limit child interaction with other children and public spaces (e.g. playground equipment)</li> </ul>	<ul style="list-style-type: none"> <li>Do not attend school outside the home</li> <li>Do not arrange or participate in in-person playdates or similar activities</li> <li>Do not allow children on public playground equipment</li> </ul>	<ul style="list-style-type: none"> <li>Do not attend school outside the home</li> <li>Do not arrange or participate in in-person playdates or similar activities</li> <li>Do not allow children on public playground equipment</li> </ul>	<ul style="list-style-type: none"> <li>Do not attend school outside the home.</li> <li>Do not arrange or participate in in-person playdates or similar activities.</li> <li>Do not allow children on public playground equipment.</li> </ul>
<b>Travel Guidelines</b>	<ul style="list-style-type: none"> <li>Normal travel</li> </ul>	<ul style="list-style-type: none"> <li>Limit out of state travel, following guidelines of destination and avoiding areas of high exposure</li> </ul>	<ul style="list-style-type: none"> <li>Limit travel only to essential travel, following guidelines of destination and avoiding areas of high exposure</li> </ul>	<ul style="list-style-type: none"> <li>Limit travel only to essential travel</li> <li>Essential travel means travel to:               <ul style="list-style-type: none"> <li>safely relocate by an individual whose home or residence is unsafe including individuals who have suffered or are at risk of domestic violence or for whom the safety, sanitation or essential operations of the home or residence cannot be maintained</li> <li>care for a family member or friend in the same household or another household, including transporting family members or friends</li> <li>transport a child according to existing parenting time schedules or other visitation schedules pertaining to a child in need of protective services</li> <li>care for pets, including travel to a veterinarian</li> <li>seek emergency services</li> <li>obtain medications and medical services</li> <li>donate blood</li> <li>obtain food, including delivery or carry-out services, beverages (alcoholic and non-alcoholic), and other grocery items, gasoline, supplies required to work from home, and products needed to maintain the safety, sanitation, and essential operation of homes and residences, businesses, and personally owned vehicles, including automobiles and bicycles</li> <li>perform work if you cannot telework;</li> <li>engage in recreational and outdoor activities</li> <li>laundromats and dry cleaners; and</li> <li>return to a home or place of residence</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>Limit travel only to essential travel.</li> <li>Essential travel means travel to:               <ul style="list-style-type: none"> <li>safely relocate by an individual whose home or residence is unsafe including individuals who have suffered or are at risk of domestic violence or for whom the safety, sanitation or essential operations of the home or residence cannot be maintained;</li> <li>care for a family member or friend in the same household or another household, including transporting family members or friends;</li> <li>transport a child according to existing parenting time schedules or other visitation schedules pertaining to a child in need of protective services;</li> <li>care for pets, including travel to a veterinarian;</li> <li>seek emergency services;</li> <li>obtain medications and medical services;</li> <li>donate blood;</li> <li>obtain food, including delivery or carry-out services, beverages (alcoholic and non-alcoholic), and other grocery items, gasoline, supplies required to work from home, and products needed to maintain the safety, sanitation, and essential operation of homes and residences, businesses, and personally owned vehicles, including automobiles and bicycles;</li> <li>perform work if you cannot telework;</li> <li>engage in recreational and outdoor activities;</li> <li>laundromats and dry cleaners; and</li> <li>return to a home or place of residence.</li> </ul> </li> </ul>



# Phased Guidelines for the General Public and Businesses to Maximize Community Health and Economic Reactivation

	Normal Risk	Low Risk	Moderate Risk	High Risk	Utah's Stay at Home (Issued 3/27/20)
<b>Time Spent Outside and Recreation</b>	<ul style="list-style-type: none"> <li>Resume activities outside, follow hygiene standards</li> </ul>	<ul style="list-style-type: none"> <li>Maintain distance between other groups</li> <li>Sanitize common areas before and after touching</li> <li>Exhibit caution when engaging in close-contact or team sports</li> <li>Follow guidelines for state and national parks</li> </ul>	<ul style="list-style-type: none"> <li>Remain at least 6 feet apart from individuals from other households while engaging in outdoor activities (e.g., walking, hiking, running, biking, hunting, or fishing)</li> <li>Sanitize common areas before and after touching</li> <li>Do not congregate in groups larger than 20 at trailheads and other outdoor spaces</li> <li>Do not travel to, or participate in activities at, any of the following locations:               <ul style="list-style-type: none"> <li>places of public amusement or public activity</li> <li>public swimming pools</li> </ul> </li> <li>Do not engage in close-contact or team sports</li> <li>Follow guidelines for state and national parks</li> </ul>	<ul style="list-style-type: none"> <li>Remain at least six feet apart from individuals from other households while engaging in outdoor activities (e.g., walking, hiking, running, biking, hunting, or fishing)</li> <li>Do not touch high-touch surfaces</li> <li>Do not congregate at trailheads, parks, or other outdoor spaces</li> <li>Do not engage in close-contact or team sports</li> <li>Do not travel to, or participate in activities at, any of the following locations:               <ul style="list-style-type: none"> <li>places of public amusement or public activity;</li> <li>public swimming pools; or</li> <li>gyms, and fitness centers.</li> </ul> </li> </ul> <p>Do not go to or engage in activities at a state park located outside the county in which you reside (the availability of national parks will be determined in consultation with the National Park Service and the county in which the park is located)</p>	<ul style="list-style-type: none"> <li>Maintain a distance of at least 6 feet away from another person at all times while outside.</li> <li>Exercise outside while maintaining 6-foot distance from another person and without touching common areas.</li> <li>Do not congregate at trailheads and other outdoor spaces.</li> <li>Do not travel to, or participate in activities at, any of the following locations:               <ul style="list-style-type: none"> <li>places of public amusement or public activity;</li> <li>public swimming pools; or</li> <li>gyms, and fitness centers.</li> </ul> </li> </ul> <p>Recreational and Outdoor Activities and Parks</p> <ul style="list-style-type: none"> <li>Remain at least six feet apart from individuals from other households while engaging in outdoor activities (e.g., walking, hiking, running, biking, driving for pleasure, hunting, or fishing).</li> <li>Do not congregate at trailheads, parks, or other outdoor spaces.</li> <li>Do not engage in close-contact or team sports.</li> <li>Do not go to or engage in activities at a state park located outside the county in which you reside (the availability of national parks will be determined in consultation with the National Park Service and the county in which the park is located).</li> </ul>
<b>Food Guidelines</b>	<ul style="list-style-type: none"> <li>Dine-in services available, with hygiene practices</li> </ul>	<ul style="list-style-type: none"> <li>Dine-in services available, with increased distance between tables</li> </ul>	<ul style="list-style-type: none"> <li>Carryout or delivery encouraged. Dine-in services allowable with extreme precaution</li> <li>Schools may send home food</li> </ul>	<ul style="list-style-type: none"> <li>Do not dine out except for carryout or delivery</li> <li>Schools may send home food</li> <li>Rely on bulk buying of food and essentials to decrease shopping frequency</li> </ul>	<ul style="list-style-type: none"> <li>Do not dine out except for carryout or delivery</li> <li>Schools may send home food</li> </ul>

## Guidelines for Red, Orange and Yellow Levels of the General Public

Category	Recommendation
<b>General</b>	<ul style="list-style-type: none"> <li>Follow strict hygiene standards, including:               <ul style="list-style-type: none"> <li>washing hands frequently with soap and water for at least 20 seconds</li> <li>using hand sanitizer frequently</li> <li>avoiding touching your face</li> <li>covering coughs or sneezes (e.g., into the sleeve or elbow, not hands)</li> <li>regularly cleaning high-touch surfaces (e.g., buttons, door handles, counters, light switches)</li> <li>following any other standards promulgated by the Centers for Disease Control and Prevention (CDC), the Utah Department of Health, and applicable local health departments</li> </ul> </li> </ul>

## Phased Guidelines for the General Public and Businesses to Maximize Community Health and Economic Reactivation

Category	Recommendation
	<ul style="list-style-type: none"><li>• No shaking hands</li><li>• Encouraging phone and video chats</li><li>• Help others as reasonably appropriate; practice all the same principles</li><li>• Face coverings should be worn in public spaces in accordance with CDC's recommendations<sup>4</sup>, especially when difficult to maintain 6-foot distance</li></ul>
Households with vulnerable populations	<ul style="list-style-type: none"><li>• For those living with a vulnerable individual, the household should conduct themselves as if they were a significant risk to the high-risk individual. For example, wash hands frequently before interacting with the person, such as by feeding or caring for the person. If possible, provide a protected space for high-risk household members, and ensure all utensils and surfaces are cleaned regularly</li><li>• Those who are, or work with, vulnerable populations should undergo daily screening/symptom monitoring and should be tested if they develop symptoms. High-risk populations should take extra precaution to avoid close contact with multiple people, including having the same caretakers whenever possible</li><li>• Additional CDC guidance for high-risk populations can be found <a href="#">here</a></li></ul>
Households with sick family members	<ul style="list-style-type: none"><li>• Give sick members their own room if possible, and keep the door closed</li><li>• Have only one family member care for them</li><li>• Consider providing additional protections or more intensive care for high-risk household members</li></ul>

<sup>4</sup> <https://www.cdc.gov/coronavirus/2019-ncov/prevent-getting-sick/cloth-face-cover.html>



Tiered Recommendations for Employers/Businesses and Employee

	Normal Risk	Low Risk	Moderate Risk	High Risk	Utah's Stay at Home
Intensity of Disruption	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	
General Employer Guidelines (Applicable Across All Industries)	<p>All businesses are open and operating under stricter hygiene and cleaning regimen. Monitoring health of workforce and customers.</p> <ul style="list-style-type: none"> <li>Businesses and employees working in-person should review and implement General Guidelines for Employers</li> </ul>	<p>Employers encourage flexible working arrangements (rotating shifts, remote, etc.). Comply with distancing guidelines. Increased cleaning regimen of high-touch areas. Monitor employees for symptoms and well-being.</p> <ul style="list-style-type: none"> <li>Encourage working from home when possible</li> <li>Workplaces should make every effort to comply with distancing and hygiene guidelines</li> <li>Limit unnecessary travel and require employees to self-quarantine for 14 days upon return</li> <li>For high-risk employees, minimize face-to-face contact, assign tasks that allow them to maintain 6-foot distance from other workers or customers, or allow them to telework</li> <li>Implement flexible work hours (e.g., staggered shifts)</li> <li>Minimize face-to-face interactions as much as possible, including with customers (e.g., drive through, partitions)</li> </ul>	<p>Employers exercise extreme caution, with employees working remotely, evaluating workforce concerns, and enacting strategies to minimize economic impact. Businesses that necessitate on-site work should monitor workforce for symptoms and well-being.</p> <ul style="list-style-type: none"> <li>Same as High Risk column except that personal services businesses are not encouraged to close</li> </ul>	<p>Employers exercise extreme caution, with employees working remotely, evaluating workforce concerns, and enacting strategies to minimize economic impact. Businesses that necessitate on-site work should monitor workforce for symptoms and well-being.</p> <ul style="list-style-type: none"> <li>Employers take <i>extreme</i> precautions</li> <li>Employers evaluate workforce strategy and concerns and enact strategies to minimize economic impact</li> <li>Employees and volunteers operate remotely, unless not possible</li> <li>Symptom checking in business interactions; face coverings worn in close personal interactions</li> <li>Encourage high-contact businesses not to operate</li> <li>Make every possible effort to enable working from home as a first option; where not possible, workplaces should make every effort to comply with distancing and hygiene guidelines</li> <li>Minimize face-to-face interactions as much as possible, including with customers (e.g., drive through, partitions)</li> <li>Ensure that face coverings are available along with closed bins for disposing tissues</li> <li>Where distancing and hygiene guidelines cannot be followed in full, businesses should consider whether that activity needs to continue for the business to operate</li> <li>Eliminate unnecessary travel and cancel or postpone in-person meetings, gatherings, workshops, and training sessions</li> <li>Provide accommodations to high-risk employees as much as possible</li> </ul>	<ul style="list-style-type: none"> <li>Respond in a flexible way to varying levels of disease transmission in the community and refine business response plans as needed.</li> <li>Consider how best to decrease the spread of COVID-19 and lower the impact in the workplace. This may include activities in one or more of the following areas: <ul style="list-style-type: none"> <li>reducing transmission among employees and volunteers;</li> <li>maintaining healthy business operations; and</li> <li>maintaining a healthy work environment.</li> </ul> </li> <li>Encourage and enable employees and volunteers to telework from home. Only employees or volunteers who perform work that cannot be done from their home should be exempted from teleworking.</li> <li>Utilize video conferencing and virtual meeting services.</li> <li>Implement policies for employees and volunteers who cannot telework, including: <ul style="list-style-type: none"> <li>requiring employees and volunteers who present symptoms of illness consistent with COVID-19 to stay home;</li> <li>not requiring a positive COVID-19 test result or health care provider's note for employees or volunteers who stay home due to illness;</li> <li>enhancing social distancing by grouping employees and volunteers into cohorts of no more than ten individuals that have limited contact with other cohorts in the workplace;</li> <li>enabling employees and volunteers to follow the directives for all individuals, as described above (e.g., by providing hand soap, hand sanitizer, or sanitizing wipes);</li> <li>minimizing face-to-face contact with high-risk employees and volunteers, or assigning work tasks to high-risk employees and volunteers that allow them to maintain a distance of at least</li> </ul> </li> </ul>

Phased Guidelines for the General Public and Businesses  
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	Normal Risk	Low Risk	Moderate Risk	High Risk	Utah's Stay at Home
					<ul style="list-style-type: none"> <li>○ six feet from other workers, customers and visitors, or to telework if possible; and</li> <li>○ implementing flexible work hours (e.g., staggered shifts).</li> <li>● Assess essential functions and the reliance that others and the community have on services or products offered.               <ul style="list-style-type: none"> <li>○ Be prepared to change business practices if needed to maintain critical operations (e.g., identify alternative suppliers, prioritize existing customers, or temporarily suspend some of your operations if needed).</li> <li>○ Identify alternate supply chains for critical goods and services.</li> <li>○ Coordinate with companies that provide your business with contract or temporary employees or volunteers about the importance of sick employees and volunteers staying home and encourage them to develop non-punitive leave policies.</li> </ul> </li> <li>● Coordinate with business partners about your response plans. Share best practices with other businesses in your communities (especially those in your supply chain), chambers of commerce, and associations to improve community response efforts.</li> <li>● Take measures to accommodate high-risk individuals in the workplace</li> </ul>
Restaurants	<p><b>Dine-in restaurants operating under proper safety precautions for staff and customers</b> See general guidelines for all levels below and follow Department of Health guidance</p>	<p><b>Dine-in service opened, with tables arranged so there is at least 10-feet between diners. Increased hygiene practices for customers and staff</b></p> <ul style="list-style-type: none"> <li>● Dine in options available, with 6 or fewer individuals per table and tables spaced at least 10 feet apart; capacity increased incrementally, based on data &amp; milestone trends</li> <li>● Restaurants can be certified with the state for additional hygiene and distancing precautions. Certification should be displayed publicly</li> <li>● Symptom checking of employees</li> </ul>	<p><b>Encourage takeout/delivery options. Dine-in services allowable with extreme precaution, following strict guidelines around physical distancing and staff monitoring. Contactless payment is encouraged. Create safe environment for staff.</b></p> <p><b>For dine-in services<sup>5</sup></b></p> <ul style="list-style-type: none"> <li>● Restaurants can be certified with the state for additional hygiene and distancing precautions. Certification should be displayed publicly</li> </ul>	<p><b>No dine-in service and extreme caution taken in food prep. Physical distancing should be maintained. Curbside pickup, takeout, and delivery only. Encourage contactless payment. Create safe environment for staff</b></p> <ul style="list-style-type: none"> <li>● Only takeout options, including delivery, curbside delivery, and pickup; third-party delivery is permitted (e.g., DoorDash, Uber Eats)</li> <li>● Symptom checking of employees</li> <li>● Stagger workstations so workers are not facing one another and can maintain a 6-foot distance</li> </ul>	<ul style="list-style-type: none"> <li>● Do not dine out except for carryout or delivery.</li> <li>● Schools may send home food.</li> <li>● Additional guidance in DOH directive <a href="#">here</a>.</li> </ul>

<sup>5</sup> It is not recommended that dine-in services be available under moderate risk conditions. However, if dine-in services will be opened, the following requirements are recommended.

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	Normal Risk	Low Risk	Moderate Risk	High Risk	Utah's Stay at Home
Retail (including Grocery Stores, Pharmacy)	<p>Retail establishments operate under heightened hygiene and cleaning standards. Monitor employees for symptoms.</p> <ul style="list-style-type: none"> <li>• Signage to encourage customers to use cleaning wipes and hand sanitizer</li> <li>• Ensure cleaning wipes are near shopping carts and shopping baskets</li> <li>• Provide hand sanitizer at checkout counters and entrance/exit</li> <li>• Wipe down reusable bags</li> </ul>	<p>Retail establishments exercise discernment, establishing principles for safe environment and public trust. Monitor employees for symptoms and encourage face coverings.</p> <ul style="list-style-type: none"> <li>• Encourage associates to wear face coverings and gloves</li> <li>• Assign an employee to disinfect carts and baskets regularly</li> <li>• Resume to normal patron capacity</li> <li>• Provide hand sanitizer at checkout counters and entrance/exit</li> <li>• Set an established daily window of time for high-risk groups to come in without pressure from crowds</li> <li>• Staff may only come closer than 6 feet when accepting payment or delivering goods or services (if wearing face covering)</li> <li>• One-way aisles to support physical distancing</li> <li>• Discourage bringing kids or strollers in stores when possible to allow as much space as possible in aisles</li> </ul>	<p>Retail establishments create a safe environment for customers and staff with frequent reminders on distancing and hygiene. Monitor employees for symptoms. Employees wear face coverings.</p> <ul style="list-style-type: none"> <li>• Maintain signage to remind and help individuals stand at least 6 feet apart, including outside when in line and in store check-out lines</li> <li>• Encourage associates to wear face coverings and gloves</li> <li>• Assign an employee to disinfect carts and baskets after each use</li> <li>• Maximum number of patrons must be such that a 6-foot distance between patrons and employees can be easily maintained (1 person per 120 square feet)</li> <li>• Provide hand sanitizer at checkout counters and entrance/exit</li> <li>• Limit purchase quantities on certain goods selling out quickly; this will help maintain ability to meet needs of patrons and will also help limit crowds and lines</li> </ul>	<p>Essential retail (e.g., grocery, hardware, etc.) create a safe environment for customers and staff with frequent reminders on distancing and hygiene. Monitor patrons and employees for symptoms. Employees wear face coverings.</p> <ul style="list-style-type: none"> <li>• Maintain signage to remind and help individuals stand at least 6 feet apart, including outside when in line and in store check-out lines</li> <li>• Encourage associates to wear face coverings and gloves</li> <li>• Assign an employee to disinfect carts and baskets after each use</li> <li>• Maximum number of patrons must be such that a 6-foot distance between patrons and employees can be easily maintained (1 person per 120 square feet)</li> <li>• Provide hand sanitizer at checkout counters and anywhere else inside the store or immediately outside where people have direct interactions</li> </ul>	n/a

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	Normal Risk	Low Risk	Moderate Risk	High Risk	Utah's Stay at Home
		<ul style="list-style-type: none"> <li>Consider installing a clear plastic screen between cashier and customer checking out items if it is not possible to maintain 6 feet of distance</li> <li>Deliver products through curbside pick-up or delivery</li> <li>Make regular announcements to remind customers to follow physical distancing guidelines</li> </ul> <p><b>Specific Guidance for Grocery &amp; Pharmacy</b></p> <ul style="list-style-type: none"> <li>Separate order and delivery areas to keep customers from waiting too long in confined areas together</li> <li>Take extra precautions when permitting self-serving any items that are food-related; lids for cups and food-bar type items should be provided by staff</li> <li>Only make bulk items available if they are individually packaged</li> <li>Allow individuals to bring their own bags, mugs, or other reusable items from home</li> <li>Waive prescription delivery fees for high-risk individuals</li> </ul>	<ul style="list-style-type: none"> <li>Set an established daily window of time for high-risk groups to come in without pressure from crowds</li> <li>Staff accepting payment or delivering goods or services are encouraged to wear a face covering</li> <li>One-way aisles to support physical distancing</li> <li>Discourage bringing kids or strollers in stores when possible to allow as much space for distancing as possible in aisles</li> <li>Consider installing a clear plastic screen between cashier and customer checking out items if it is not possible to maintain 6 feet of distance</li> <li>Deliver products through curbside pick-up or delivery</li> <li>Make regular announcements to remind customers to follow physical distancing guidelines</li> </ul> <p><b>Specific Guidance for Grocery &amp; Pharmacy</b></p> <ul style="list-style-type: none"> <li>Separate order and delivery areas to keep customers from waiting too long in confined areas together</li> <li>Prevent people from self-serving any items that are food-related; lids for cups and food-bar type items should be provided by staff</li> <li>Only make bulk items available if they are individually packaged</li> <li>Do not allow individuals to bring their own bags, mugs, or other reusable items from home</li> <li>Waive prescription delivery fees</li> </ul>	<ul style="list-style-type: none"> <li>Limit quantities on certain goods selling out quickly; this will help maintain ability to meet needs of patrons and will also help limit crowds and lines</li> <li>Set an established window of time for high-risk groups to come in without pressure from crowds</li> <li>Staff may only come closer than 6 feet when accepting payment or delivering goods or services if wearing face covering</li> <li>Discourage bringing kids or strollers in stores when possible to allow as much space as possible in aisles</li> <li>Consider installing a clear plastic screen between cashier and customer checking out items if it is not possible to maintain 6 feet of distance</li> <li>Deliver products through curbside pick-up or delivery</li> <li>One-way aisles to support physical distancing</li> <li>Make regular announcements to remind customers to follow physical distancing guidelines</li> </ul> <p><b>Specific Guidance for Grocery &amp; Pharmacy</b></p> <ul style="list-style-type: none"> <li>Have separate order and delivery areas to keep customers from waiting too long in confined areas together</li> <li>Prevent people from self-serving any items that are food-related; lids for cups and food-bar type items should be provided by staff</li> <li>Only make bulk items available if they are individually packaged</li> <li>Do not allow individuals to bring their own bags, mugs, or other reusable items from home</li> <li>Waive prescription delivery fees</li> </ul>	
Hospitality, Tourism & Accommodations	<p><b>Industry open with precautions for staff and guests.</b></p> <ul style="list-style-type: none"> <li>See general guidelines for all levels below</li> </ul>	<p><b>More industry opening up under guidelines of distancing and small groups.</b></p> <ul style="list-style-type: none"> <li>Maintain signage to remind groups to stand at least 6 feet apart</li> <li>Symptomatic guests should stay in their room and wear a covering when they leave</li> <li>Consider designating one staff member to attend to sick guests</li> <li>Employees working in reception areas encouraged to wear a face covering</li> <li>Launder all exposed linens and cleaning supplies separately</li> </ul>	<p><b>Businesses take precautions with shared spaces, with an increased cleaning regimen. Pools and self-serve buffets should be closed. Employees should wear face coverings.</b></p> <ul style="list-style-type: none"> <li>Accommodations (hotels, motels, Airbnb, etc.) operate with caution</li> <li>Maintain signage to remind groups to stand at least 6 feet apart and avoid congregating in common areas</li> <li>Symptomatic guests should stay in their room and wear a covering when they leave</li> </ul>	<p><b>Limited operations of this industry. Hotels and other accommodations take extreme safety precautions for both staff and guests.</b></p> <ul style="list-style-type: none"> <li>Accommodations (hotels, motels, Airbnb, etc.) operate with caution</li> <li>Maintain signage to remind groups to stand at least 6 feet apart and avoid congregating in common areas</li> <li>Symptomatic guests should stay in their room and wear a face covering when they leave</li> </ul>	<p>Do not travel to, or participate in activities at, any of the following locations:</p> <ul style="list-style-type: none"> <li>public swimming pools; or</li> <li>gyms, and fitness centers.</li> </ul>

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	Normal Risk	Low Risk	Moderate Risk	High Risk	Utah's Stay at Home
		<ul style="list-style-type: none"> <li>Food should be served in a takeout-style (grab and go) manner; no buffet-style dining</li> <li>Swimming pools, gyms and fitness centers can be open, with frequent cleaning</li> </ul>	<ul style="list-style-type: none"> <li>Consider designating one staff member to attend to sick guests</li> <li>Employees working in reception areas should wear a face covering or work behind plexiglass</li> <li>Launder all exposed linens and cleaning supplies separately</li> <li>Food should be served in a takeout-style (grab and go) manner; no buffet-style dining</li> <li>Swimming pools should be closed</li> <li>Fitness centers follow gym guidelines on page 14</li> <li>Discontinue or decrease housekeeping services to prevent transmission between rooms during guest stays</li> <li>Provide guests with their own sanitation solutions or wipes to instill guest confidence (e.g., alcohol wipes)</li> </ul>	<ul style="list-style-type: none"> <li>Consider designating one staff member to attend to sick guests</li> <li>All employees working in reception areas should wear a face covering or work behind plexiglass</li> <li>Launder all exposed linens and cleaning supplies separately</li> <li>Food should be served in a takeout-style (grab and go) manner; no buffet-style dining</li> <li>Swimming pools, gyms and fitness centers should be closed</li> <li>Discontinue or decrease housekeeping services to prevent transmission between rooms during guest stays</li> <li>Provide guests with their own sanitation solutions or wipes to instill guest confidence (e.g., alcohol wipes)</li> </ul>	
Events & Entertainment	In-person operation of this industry is allowable for large groups. Mass gatherings follow proper safety procedures and precautions for monitoring symptoms.	<p>In-person operation of this industry is allowable under social-distancing restrictions, increased cleaning regimen, and operational protocols in place to ensure safe distancing restrictions are met.</p> <ul style="list-style-type: none"> <li>Limit the number of people in a confined area at any time to comply with safe physical distancing restrictions</li> <li>Set an established window time for high-risk groups to come in without pressure from crowds and/or separate entrances and queues</li> <li>For reserved-seating facilities, facility capacity is dependent on ability to block reserved seats (demonstrated on digital seat map) to ensure safe radius per two tickets sold</li> <li>Encourage contactless payment; sanitize between transactions at facility stores/gift shops and comply with other retail recommendations</li> <li>Participants in events should have their symptoms checked (e.g., players, performers, actors)</li> </ul> <p><b>Concessions:</b></p> <ul style="list-style-type: none"> <li>Serving and seating protocols consistent with restaurant recommendations</li> <li>Maintain 6-foot distancing for all lines</li> <li>Encourage contactless payment</li> </ul>	<p>In-person operation of this industry is allowable under strict social-distancing restrictions, increased cleaning regimen, and groups fewer than 20.</p> <ul style="list-style-type: none"> <li>Limit the number of people in a confined area at any time to comply with safe physical distancing guidelines</li> <li>Set an established window time for high-risk groups to come in without pressure from crowds and/or separate entrances and queues</li> <li>Maintain signage to remind and help individuals stand at least 6 feet apart</li> <li>Spectators should be limited to 20 or fewer (evaluate incremental larger gatherings based on milestone trends); participants (e.g., players, performers, actors) in events should have their symptoms checked</li> </ul> <p><b>Concessions:</b></p> <ul style="list-style-type: none"> <li>Serving and seating protocols consistent with restaurant recommendations</li> <li>Maintain 6-foot distancing for all lines</li> <li>Encourage contactless payment</li> <li>To the extent reasonable, serve grab-and-go food items</li> </ul>	<p>In-person operation of this industry is allowable under strict social-distancing restrictions, increased cleaning regimen, and groups up to 10.</p> <ul style="list-style-type: none"> <li>Limit the number of people in a confined area at any time to comply with safe physical distancing guidelines</li> <li>Set an established window time for high-risk groups to come in without pressure from crowds and/or separate entrances and queues</li> <li>Maintain signage to remind and help individuals stand at least 6 feet apart</li> <li>Spectators should participate remotely; participants (e.g., players, performers, actors) in events should have their symptoms checked</li> </ul>	In-person operation of this industry is severely restricted to those that can operate without human interaction or congregating in confined areas.



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Personal Services	Industry open with strict hygiene regimen and symptom monitoring.	<ul style="list-style-type: none"> <li>To the extent reasonable, serve grab-and-go food items</li> </ul> Industry open under strict hygiene protocols. Service provider and customer must wear face coverings. Meticulous monitoring of symptoms. <ul style="list-style-type: none"> <li>Same as moderate risk</li> </ul>	Industry open under strict hygiene protocols. Service provider and customer must wear face coverings. Meticulous monitoring of symptoms. <ul style="list-style-type: none"> <li>Certifications encouraged to follow strict hygiene and distancing protocols when possible; certification must be displayed publicly</li> <li>Customers should wear face coverings and have their symptoms checked before services are rendered</li> <li>Service provider should wear face covering and gloves, changing between each customer</li> <li>All staff should have their symptoms checked at the beginning of their shift, with a log kept that can be made available for inspection by health department</li> <li>Customers should be at least 6 feet apart</li> <li>Appointments scheduled with a waiting period in between with enough time allowed to sanitize all surfaces between services</li> <li>Contactless payment encouraged; financial transaction equipment cleaned in between each charge</li> </ul>	Extreme limitations of this industry (e.g., barbers, hair stylists, tattoo & body artists, nail salons). <ul style="list-style-type: none"> <li>Business that rely on close human interaction (i.e., barbers, hair stylists, tattoo &amp; body artists, etc.) encouraged not to stay open</li> <li>Symptom checking in business interactions; face coverings worn in close personal interactions</li> </ul>	<ul style="list-style-type: none"> <li>n/a</li> </ul>
Home Repair	Operates under the General Guidelines for Employers. Increased hygiene. <ul style="list-style-type: none"> <li>Same has high-risk column except that employers do not need to actively monitor symptoms, but employees can self-report</li> </ul>	Operates under the General Guidelines for Employers. Strict hygiene. <ul style="list-style-type: none"> <li>Same has high-risk column</li> </ul>	Operates under the General Guidelines for Employers. Strict hygiene. <ul style="list-style-type: none"> <li>Same has high-risk column</li> </ul>	Operates under the General Guidelines for Employers. Strict hygiene. <ul style="list-style-type: none"> <li>Inquire if homes have symptomatic individuals and exercise caution</li> <li>Monitor symptoms of employees</li> <li>Wash or sanitize hands before and after leaving a home</li> <li>Wear face coverings and gloves, changing between each site</li> <li>Sanitize tools after each site</li> <li>Share estimates, invoices, and other documentation electronically (no paper)</li> </ul>	<ul style="list-style-type: none"> <li>n/a</li> </ul>
Gyms	Gyms are open with cleaning guidance. <ul style="list-style-type: none"> <li>Space equipment at normal capacity</li> <li>Make cleaning supplies available throughout the establishment and post signs encouraging patrons to clean all equipment</li> </ul>	Fitness centers and gyms are open with some distancing and cleaning guidance. <ul style="list-style-type: none"> <li>Limit the number of patrons in the facility at one time</li> <li>1 person per 120 square feet</li> <li>Space or close equipment so patrons can be 6 feet apart</li> <li>Make cleaning supplies available throughout the establishment and post signs encouraging patrons to clean all equipment</li> </ul>	Recommended closure of fitness centers and gyms; if open, fitness centers and gyms should follow strict distancing and cleaning guidance. <ul style="list-style-type: none"> <li>Employees must go through symptom checking before every shift, including temperature. Log must be kept and available for inspection by health department</li> <li>1 person per 120 square feet</li> <li>Space or close equipment so patrons can be 10 feet apart</li> <li>No team or group activities</li> </ul>	Fitness centers and gyms are closed.	<ul style="list-style-type: none"> <li>Fitness centers and gyms are closed.</li> </ul>

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	Normal Risk	Low Risk	Moderate Risk	High Risk	Utah's Stay at Home
			<ul style="list-style-type: none"> <li>No locker room or shower use (toilets and sinks allowed)</li> <li>Staff must disinfect all equipment after each use</li> <li>No sign-in sheets, touchpads, or touch surfaces required for entry</li> <li>Individuals 65+ and high-risk discouraged from using facilities at this time</li> <li>Employees must wear face coverings; patrons encouraged to wear face coverings whenever possible</li> </ul>		
Construction, General Contractors and Manufacturing	<p>Operates under the General Guidelines for Employers.</p> <ul style="list-style-type: none"> <li>Same as high-risk column</li> </ul>	<p>Operates under the General Guidelines for Employers. Strict hygiene.</p> <ul style="list-style-type: none"> <li>Same as high-risk column</li> </ul>	<p>Operates under the General Guidelines for Employers. Strict hygiene and reduced group interactions.</p> <ul style="list-style-type: none"> <li>Same as high-risk column</li> </ul>	<p>Operates under the General Guidelines for Employers. Strict hygiene and reduced group interactions.</p> <ul style="list-style-type: none"> <li>Ensure nobody with symptoms enters a job site</li> <li>Provide additional hand washing stations; wash or sanitize hands before and after leaving a site</li> <li>Wear face coverings and gloves</li> <li>Clean and disinfect project sites, including high-touch surfaces and tools frequently</li> <li>Share estimates, invoices, and other documentation electronically (no paper)</li> </ul>	<ul style="list-style-type: none"> <li></li> </ul>
Day Care	<p>Enhanced cleaning and distancing protocols. No symptomatic children.</p> <ul style="list-style-type: none"> <li>Enhanced cleaning and disinfecting,</li> <li>Don't use toys that can't be cleaned</li> <li>Children and staff should stay home if they're sick and get their temp checked at the facility</li> </ul>	<p>Enhanced cleaning and distancing protocols. No symptomatic children.</p> <ul style="list-style-type: none"> <li>Enhanced cleaning and disinfecting</li> <li>Limit mixing the groups of children (keep in separate rooms, allow on the playground at different times)</li> <li>Don't use toys that can't be cleaned</li> <li>All individuals must wash hands with soap and running water upon arrival</li> <li>Children and staff should stay home if they're sick and get their temperature checked at the facility</li> <li>If there is a confirmed case, facility must be closed and alert public health department</li> <li>All high-touch surfaces should be cleaned regularly</li> </ul>	<p>Prioritized for children of critical infrastructure employees. Enhanced cleaning and distancing protocols. No symptomatic children.</p> <ul style="list-style-type: none"> <li>Prioritized for children of critical infrastructure employees</li> <li>Enhanced cleaning and disinfecting</li> <li>Encourage children to be 6 feet apart as much as possible</li> <li>Groups must be restricted to groups of 20 unless a wall can physically separate each group</li> <li>Limit mixing the groups of children (keep in separate rooms, allow on the playground at different times)</li> <li>Curbside drop off and pick up</li> <li>All individuals must wash hands with soap and running water upon arrival</li> <li>Don't use toys that can't be cleaned</li> <li>Children and staff should stay home if they're sick and get their temperature checked at the facility</li> <li>If there is a confirmed case, facility must be closed and alert public health department</li> </ul>	<p>Primarily for children of critical infrastructure employees. Enhanced cleaning and distancing protocols. No symptomatic children.</p> <ul style="list-style-type: none"> <li>Primarily for children of critical infrastructure employees</li> <li>Enhanced cleaning and disinfecting</li> <li>Encourage children to be 6 feet apart as much as possible</li> <li>Groups must be restricted to groups of 10 unless a wall can physically separate each group</li> <li>Limit mixing the groups of children (keep in separate rooms, allow on the playground at different times)</li> <li>Curbside drop off and pick up</li> <li>All individuals must wash hands with soap and running water upon arrival</li> <li>Don't use toys that can't be cleaned</li> <li>Children and staff should stay home if they're sick and get their temperature checked at the facility</li> <li>If there is a confirmed case, facility must be closed and alert public health department</li> </ul>	<ul style="list-style-type: none"> <li>Guidance from the UT DOH found <a href="#">here</a>. <ul style="list-style-type: none"> <li>Groups must be restricted to groups of 10 unless a wall can physically separate each group</li> <li>All individuals must wash hands with soap and running water upon arrival</li> <li>Children and staff must be screened upon arrival</li> <li>If there is a confirmed case, facility must be closed and alert public health department</li> <li>All high-touch surfaces should be cleaned after each use (e.g., toys, keyboards, desks, remote controls) or at least twice a day (e.g., doorknobs, light switches, toilet handles, sink handles, counter tops)</li> </ul> </li> </ul>



Phased Guidelines for the General Public and Businesses  
to Maximize Community Health and Economic Reactivation

Normal Risk	Low Risk	Moderate Risk	High Risk	Utah's Stay at Home
			<ul style="list-style-type: none"><li>All high-touch surfaces should be cleaned after each use (e.g., toys, keyboards, desks, remote controls) or at least twice a day (e.g., doorknobs, light switches, toilet handles, sink handles, counter tops)</li></ul>	<ul style="list-style-type: none"><li>All high-touch surfaces should be cleaned after each use (e.g., toys, keyboards, desks, remote controls) or at least twice a day (e.g., doorknobs, light switches, toilet handles, sink handles, counter tops)</li></ul>

## General Guidelines for Employers

### Best Practices for Employers

- Identify a workplace coordinator who will be responsible for COVID-19 issues and their impact in the workplace
- Encourage contactless pay options if possible; otherwise immediately use disinfectant wipes on the screen and keypad
- Those who are, or work with, high-risk populations, should undergo daily screening/symptom monitoring, and be tested if they begin to experience symptoms. High-risk populations should take extra precaution to avoid close contact with multiple people
- Use online conferencing, email, or the phone instead of in-person meetings, even when people are in the same building
- Employees and customers should not congregate in groups; if your business involves a waiting area, customers should wait outside or in their cars
- Establish an emergency communication plan with key contacts and backups, chain of communications, and processes for tracking and communicating; share the response plan with employees and communicate expectations
- Ensure every employee's contact numbers and emergency contact details are up to date; ensure a plan is in place to reach employees quickly
- Make regular announcements to remind employees and/or customers to follow distancing guidelines and use floor markings to mark appropriate distance (6 feet)
- Encourage digital files rather than paper formats (e.g., documentation, invoices, inspections, forms, agendas)
- Stay informed about government and industry pandemic preparedness
- Educate workforce about the threat of the pandemic, what the business is doing, and what they should do to protect themselves and their families
- Develop (or engage a current) pandemic planning task force and review the [CDC's business checklist](#)
- Identify essential employees, business functions, and other critical inputs (e.g., raw materials suppliers, subcontractor services/products, logistics required to maintain operations); determine appropriate new policies
  - Note that there will be shifts in demand for your products during a pandemic
- Consider what reserve supplies might be necessary to stockpile (e.g., cleaning supplies, gloves or other protective equipment, "to-go" containers)
- Consider the possibility of interruptions to water or power that might force closure
- Establish and maintain open dialogue with local communities, including key vendors and suppliers, exploring contingencies and sharing appropriate decisions about foodservice, transportation, and other services
- Prepare for absenteeism—not only sick employees will stay home; others may need to care for the sick or children if schools close; those employees should notify their supervisors
- Provide signage at each public entrance to inform all employees and customers that they should:
  - Avoid entering if they have a cough, fever, or feel generally unwell
  - Maintain a minimum of 6 ft distance
  - Sneeze/cough into a cloth or tissue
  - Not shake hands or engage in any unnecessary physical contact
  - Wear face coverings

### Cleaning & Hygiene Guidelines for Employers

- Promote etiquette for coughing, sneezing, and handwashing; avoid touching face, especially eyes, nose, and mouth; place posters that encourage hand and respiratory hygiene
- Face coverings should be worn by employees and patrons in accordance with [CDC's recommendations](#), especially when difficult to maintain 6-foot distance
- Ensure adequate air circulation and post tips on how to stop the spread of germs
- Discourage workers from sharing resources or other work tools and equipment, when possible; avoid handshaking
- Make a list of high-touch surfaces requiring routine disinfecting and perform routine environmental cleaning (e.g., workstations, countertops, handrails, doorknobs, break rooms, bathrooms, other common areas), either twice a day or after each use. Keep a logbook of cleaning regimen. Those cleaning should:
  - Wear gloves
  - Clean surfaces with soap and water if dirty before disinfecting
  - Use EPA-registered household disinfectant, diluted bleach, or alcohol solutions
- Provide disposable wipes so that commonly used surfaces (e.g., doorknobs, keyboards, remote controls, phones, desks, keypads) can be wiped down by employees before each use; provide no-touch trash bins
- Laundry: wear gloves, use warmest appropriate water setting, dry items completely, do not shake dirty laundry, launder sick person's items separately
- Make hand sanitizer, soap and water, or effective disinfectant readily available at or near the entrance, at checkout counters, or anywhere else where people have direct interactions. Provide additional pop-up handwashing stations or facilities if possible (e.g. showing houses, construction sites)
- Personal Protection Equipment (PPE) should not be shared and should be disposed of properly
- After using gloves, employees should wash their hands

### Employers Monitoring Symptoms

- Employees who are sick or who appear to have symptoms should be separated from other employees and customers immediately and sent home; immediately clean and disinfect areas the sick employee visited
- Monitor employee symptoms, especially fever. If employees need to take simple medications acetaminophen, ibuprofen, or aspirin, they should take temperature beforehand
- Train managers/leadership to spot symptoms of COVID-19 and to be clear on relevant protocols
- Do not allow employees to come to work if they feel sick; non-punitive leave policies are in place so employees do not feel pressured to come to work if they are sick. Remind employees to report any illness to manager, especially if sick with fever, cough, muscle aches and pains, sudden changes in smell or taste, sore throat, and/or shortness of breath
- If an employee is confirmed to have COVID-19, employers should inform fellow employees while maintaining confidentiality; fellow employees should self-monitor for symptoms for 14 days

### Useful Links

- [Centers for Disease Control and Prevention](#)
- [OSHA Guidance on Preparing Workplaces for COVID-19](#)
- [Utah Department of Health](#)

Phased Guidelines for the General Public and Businesses  
to Maximize Community Health and Economic Reactivation

Healthcare-specific Guidelines

	Normal Risk	Low Risk	Moderate Risk	High Risk
Intensity of Disruption	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10	1 2 3 4 5 6 7 8 9 10
Visitors	<ul style="list-style-type: none"> <li>Routine access and visitation. Routine infection precautions.</li> </ul>	<ul style="list-style-type: none"> <li>Reduced entrances. Enhanced infection precautions. Health screen of all patients and visitors. Face masks for staff, providers, and visitors encouraged. Face masks for symptomatic patients.</li> </ul>	<ul style="list-style-type: none"> <li>Restricted entrances. One visitor per patient with limited exceptions. Elevated infection precautions; face masks for all staff, providers, patients and visitors. Temperature check and health screen of all visitors and patients. Phase in provider and staff temperature and health screening.</li> </ul>	<ul style="list-style-type: none"> <li>Single entrance. No visitors with few exceptions. Elevated infection precautions; mandatory face masks for all staff, providers, patients and visitors. Temperature check and health screen of all staff, providers, patients and visitors.</li> </ul>
Outpatient	<ul style="list-style-type: none"> <li>Routine outpatient visits with routine infection precautions. Telehealth visits optional. Manage lower risk medical and surgical patients through home care. COVID testing in office. Antibody testing as indicated.</li> </ul>	<ul style="list-style-type: none"> <li>Encourage telehealth when possible instead of in-person visits; convert respiratory patients to telehealth when possible or use cohorting for in person visits. Outdoor location for COVID testing when possible. Limit use of waiting areas to maintain physical distancing. Manage lower risk medical and surgical patients through home care. Face masks and eye protection for patient-facing staff. Mandatory face masks for symptomatic patients. Face masks encouraged for patients and visitors. Antibody testing for broader group of critical infrastructure workers and community members.</li> </ul>	<ul style="list-style-type: none"> <li>Yellow conditions plus: Convert non-essential in-person visits to telehealth or defer in-person care that can be safely postponed. Encourage increased use of home care to avoid nursing facilities and admissions. Face masks for all non-patient facing staff, and face masks and eye protection for all patient-facing staff. Mandatory face masks for symptomatic patients. Antibody testing for critical infrastructure workers.</li> </ul>	<ul style="list-style-type: none"> <li>Orange conditions plus: Face masks strongly encouraged for patients and visitors, mandated where possible based on PPE supplies.</li> </ul>
Surgery/Procedures	<ul style="list-style-type: none"> <li>Outpatient and inpatient surgery/procedures proceed when immune status is known or pre-procedure COVID testing is performed. Postpone COVID-positive and COVID-suspected patients if risk of delay is low.</li> </ul>	<ul style="list-style-type: none"> <li>Surgery/procedures proceed only if reliable COVID testing is available and statewide critical resources are clearly sufficient. Patient acuity drives prioritization when resources are limited. Postpone COVID-positive patients if risk of delay is low.</li> </ul>	<ul style="list-style-type: none"> <li>Perform emergent and urgent surgery/procedures with rapid COVID testing where available, and time-sensitive surgery/procedures that require a hospital stay if delay will result in increased risk of patient harm or death. Outpatient elective surgery/procedures for low risk patients may proceed when reliable COVID testing is available and statewide critical resources are clearly sufficient. Patient acuity drives prioritization of surgery. Postpone procedures on COVID+ patients if risk of delay is low.</li> </ul>	<ul style="list-style-type: none"> <li>Perform emergent and urgent procedures with rapid COVID testing where available, and some time-sensitive surgery/procedures where a delay will result in increased risk of significant patient harm or death. Patient acuity drives prioritization of time-sensitive surgery, accounting for state-wide critical resource capacity.</li> </ul>

## Appendix: Guidelines for Dine-in Restaurants Open in “Moderate”

### Distance Between Patrons

- Limit tables to groups of 6, preferably members of the same household
- Tables with guests must be at least 10 feet apart, from corner to corner. Either move tables or mark off tables not to be used
- In waiting areas, 6-foot distance must be maintained between household parties, indoor or outdoor
- Hosts preferably open doors for customers and guide them to their seats to prevent traffic or contamination; hand sanitizer should be available outside of door

### Hygiene Practices

- Restaurants are required to get a certification specifically for COVID-19 protocols and to display that certification (pending conversation regarding infrastructure of certification process)
- No self-serve food service or buffet options unless food is pre-packaged
- The restaurant may not operate if PPE, EPA-approved disinfectants and sanitizers, soap, and other necessary cleaning supplies are not available
- Cleaning supplies must be single use (paper towels, disposable mop heads, etc.) or laundered between every use (dishtowels, mop heads, etc.)
- Hand sanitizer should be available immediately outside of bathrooms
- Require the restaurant to be closed for cleaning in the morning, afternoon, and evening. Cleaning includes all tables, chairs, door handles, floors, bathrooms, and any high-touch surfaces
- Staff avoid touching items that have been placed on the table (menus, plates, cutlery, pens, cups, etc.). The table will be cleared by a dedicated staff member once all guests have left
- A dedicated staff member should sanitize between customers. The area occupied by the customers must be sanitized after use, including tables, menus, tablecloth, pens, salt and pepper shakers, etc. Consider use of disposable items (including bottled water, silverware, etc.)
- Staff must wear face coverings at all times and perform hand hygiene between interactions with each table
- Employees must go through symptom checking before every shift, including temperature. Log must be kept and available for inspection by health department
- Maintain signage to remind individuals from separate parties to stand at least 6 feet apart
- Stagger workstations so workers are not facing one another
- Organize staff into teams to reduce interaction between the groups
- Encourage contactless and non-signature payment; when not possible, card and payment stations should be sanitized after each use
- Staff should sanitize hands between handling payment options and food/containers
- Staff should use gloves when handling ready-to-eat foods (including ice). Gloves are not required when handling foods that have yet to be cooked
- Cups, lids, and straws must not be out for the public to handle and should be handed directly to customers by staff instead
- To-go boxes, pizza boxes, paper cups, and any other paper product that touches food must be treated as food. Gloves should be worn when handling
- Playgrounds in restaurants remain closed

### Guidance for Working with Customers

- Both Latex and Nitrile/Vinyl gloves and face coverings made available to customers upon request; guests must wear face coverings when not seated at their tables
- Consider offering specific hours of operation for high-risk individuals
- Hosts point guests to signage that includes the following information:
  - Outlines the certification requirements. Asks guests to report anything that isn't in compliance to manager directly so it can be addressed in a timely manner
  - Outlines symptoms and asks that if they, or someone they live with, have experienced these symptoms, they do not dine in and order takeout instead
  - Recommendation for high-risk individuals to do takeout/delivery instead of dine-in to protect the high-risk individual's health (“High-risk individual” includes those over 65, those living at senior living facilities, and those of all ages with underlying medical conditions, including chronic lung disease, asthma, heart conditions, severe obesity, chronic kidney disease, liver disease, or otherwise immunocompromised (undergoing cancer treatment, smoker, bone marrow or organ transplantation, immune deficiencies, poorly controlled HIV or AIDS, and prolonged use of corticosteroids and other immune weakening medications)