

Amanda S. Mixon, MD, MS, MSPH, FHM

Session: Hospital Care Transitions - A look Behind the High Rate of Readmissions

Dr. Mixon is an Assistant Professor in the School of Medicine at Vanderbilt University Medical Center (VUMC) and the Tennessee Valley Healthcare System's (TVHS) Geriatric Research, Education and Clinical Center (GRECC). She has formal training in quality improvement and implementation science, with a Master's Degree in Public health and specifically Outcomes Research. Dr. Mixon is a faculty collaborator in the Vanderbilt Center for Quality Aging. Clinically, she is a hospitalist in the VUMC Section of Hospital Medicine. Moreover, she has 9 years of experience in developing and implementing clinical interventions to improve quality of care in the acute and post-acute care settings, with over 30 peer-reviewed publications, to date. Her interest is in improving medication management for older adults across settings of care. Most recently, her research has focused on improving care quality and clinical outcomes for hospitalized older patients discharged to skilled nursing facilities (SNF), including the role of polypharmacy and reducing medication burden among these patients.