About the Ingram Institute
The John Ingram Institute for Physician Leadership was created to train physicians to confidently lead healthcare teams in their profession and in the community. There are two programs offered through the institute – the Physician Leadership Immersion Program and the in-depth Physician Leadership Lab.

Leadership Immersion
The Physician Leadership Immersion Program gives physicians foundational training and skill development to excel in leadership positions within organized medicine, medical practices and healthcare organizations. Physicians explore relevant topics including collaboration, conflict, negotiation, resilience, burnout, communications, government relations, and time and people management. Participants may earn a Certificate in Physician Leadership upon program completion and up to 34 hours CME.*

Leadership Lab
The multi-month Leadership Lab helps physicians acquire the skills to become quality leaders in team care settings. Each participant undertakes a course project that directly applies the skills acquired in the Lab to a real-world environment, including his or her own local clinical setting, to improve quality, safety and efficiency and reduce costs. The Lab consists of in-person workshops, group webinars and personalized coaching online and via teleconference. Participants may earn a Certificate in Healthcare Change Management upon program completion and up to 37 hours CME.*

tnmed.org/leadership
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INGRAM INSTITUTE COST
Tuition for each program is $1,000. Support and funding is provided by the Tennessee Medical Association, the Tennessee Medical Education Fund and a generous grant from The Physicians Foundation that underwrites 85 percent of program costs. Tuition includes materials, speaker fees, lodging and meals.
Leadership Lab in 2024-25
The Lab is a multi-month course to help physicians develop valuable skills essential to leaders in the emerging physician-led, team-based healthcare environment. Physician participants attend two live sessions in January and April, along with webinars and individual coaching sessions. Three to six months of ongoing consulting is available to participants upon program completion.

Schedule
- Webinar 1: January 10, 2024
- Live Session 1: January 26 - 27, 2024
- Webinar 2: February 21, 2024
- Live Session 2: April 12 - 13, 2024
- Webinar 3: May 15, 2024
- Live Session 3: July 25, 2024

- Webinar 1: January 8, 2025
- Live Session 1: January 24 - 25, 2025
- Webinar 2: February 19, 2025
- Live Session 2: April 4 - 5, 2025
- Webinar 3: May 14, 2025
- Live Session 3: July 24, 2025

Program Topics
- Briefing the Implementation Process
- Hardwired Safety Tools
- Culture of Accountability
- Lean Process Improvement
- Toyota-Kata Model
- Developing Strategic Vision
- Coaching Low Performance Training
- to Standardized Work
- Physician Leader Resilience

*Individual coaching calls are scheduled ad hoc as convenient to participants.

Leadership Immersion in 2024-25
The Physician Leadership Immersion Program is a special learning getaway that prepares physician leaders to shape the future of medicine. Expert facilitators lead interactive discussions and training courses on core topics. Classes take place over two weekends with in-person, intensive workshops.

Schedule
- Montagle Retreat: June 21 - 23, 2024
- Nashville Workshop: July 26 - 27, 2024

- Montagle Retreat: June 20 - 22, 2025
- Nashville Workshop: July 25 - 26, 2025

Program Topics
- Core Values and Leadership
- Principles of Influence
- Stages of Team Development
- Personal Assessments
- Conflict and Collaboration
- Interest-Based Negotiation
- Resilience Tools and Practices
- Time and Delegation Models
- Messaging and Media Influence
- Legislation 101
- Advocacy in Medicine

Sponsored by

*The Tennessee Medical Association is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Tennessee Medical Association designates this live activity for a maximum of 37 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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