



About the Ingram Institute

The John Ingram Institute for Physician Leadership was created to train physicians to confidently lead healthcare teams in their profession and in the community. There are two programs offered through the institute – the Physician Leadership Immersion Program and the in-depth Physician Leadership Lab.

Leadership Immersion

The Physician Leadership Immersion Program gives physicians foundational training and skill development to excel in leadership positions within organized medicine, medical practices and healthcare organizations. Physicians explore relevant topics including collaboration, conflict, negotiation, resilience, burnout, communications, government relations, and time and people management. Participants may earn a Certificate in Physician Leadership upon program completion and up to 34 hours CME.*

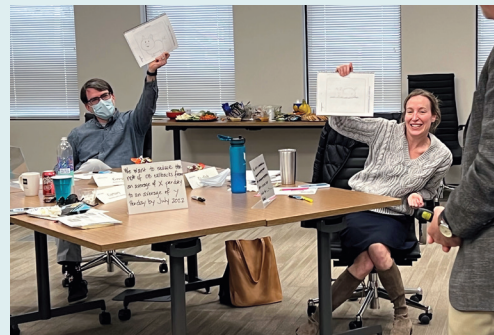
Leadership Lab

The multi-month Leadership Lab helps physicians acquire the skills to become quality leaders in team care settings. Each participant undertakes a course project that directly applies the skills acquired in the Lab to a real-world environment, including his or her own local clinical setting, to improve quality, safety and efficiency and reduce costs. The Lab consists of in-person workshops, group webinars and personalized coaching online and via teleconference. Participants may earn a Certificate in Healthcare Change Management upon program completion and up to 37 hours CME.*

tnmed.org/leadership

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INGRAM INSTITUTE COST

Tuition for each program is \$1,000. Support and funding is provided by the Tennessee Medical Association, the Tennessee Medical Education Fund and a generous grant from The Physicians Foundation that underwrites 85 percent of program costs. Tuition includes materials, speaker fees, lodging and meals.



Leadership Lab in 2024-25

The Lab is a multi-month course to help physicians develop valuable skills essential to leaders in the emerging physician-led, team-based healthcare environment. Physician participants attend two live sessions in January and April, along with webinars and individual coaching sessions. Three to six months of ongoing consulting is available to participants upon program completion.

Schedule	2024	2025
Webinar 1	January 10	January 8
Live Session 1	January 26 - 27	January 24 - 25
Webinar 2	February 21	February 19
Live Session 2	April 12 - 13	April 4 - 5
Webinar 3	May 15	May 14
Live Session 3	July 25	July 24

Program Topics

Briefing the Implementation Process
Hardwired Safety Tools
Culture of Accountability
Lean Process Improvement
Toyota-Kata Model
Developing Strategic Vision
Coaching Low Performance
Training to Standardized Work
Physician Leader Resilience

*Individual coaching calls are scheduled ad hoc as convenient to participants.

**APPLY
HERE:**



Leadership Immersion in 2024-25

The Physician Leadership Immersion Program is a special learning getaway that prepares physician leaders to shape the future of medicine. Expert facilitators lead interactive discussions and training courses on core topics. Classes take place over two weekends with in-person, intensive workshops.

Schedule	2024	2025
Monteagle Retreat	June 21 - 23	June 20 - 22
Nashville Workshop	July 26 - 27	July 25 - 26

Program Topics

Core Values and Leadership
Principles of Influence
Stages of Team Development
Personal Assessments
Conflict and Collaboration
Interest-Based Negotiation
Resilience Tools and Practices
Time and Delegation Models
Messaging and Media Influence
Legislation 101
Advocacy in Medicine

Sponsored by



*The Tennessee Medical Association is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. Tennessee Medical Association designates this live activity for a maximum of **37 AMA PRA Category 1 Credit(s)**[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.