



## HAVE YOU EVER WANTED TO:

- develop leadership skills and strategic thinking ability?
- better manage individual stress and wellness?
- gain understanding of your strengths and obstacles in the areas of people, tasks, and strategy?

TMA is pleased to partner with the Judgment Index™ to provide physicians with positive positioning for personal growth, leadership development, and wellness support. The assessment has been used in the Ingram Institute Leadership Lab since 2019 as a professional development tool.

It has never been more important to have strong physician leaders. Strength in leadership skills and abilities also empowers physicians to better manage stress and combat potential burnout.

The Judgment Index™ is a “values” assessment, and it is primarily concerned with seeing how the “values” of an individual or group get manifested and revealed in judgment. This tool is unique in that it is **not** a measure of rational, cognitive intelligence, **not** a measure of psychological function/ dysfunction, and- most importantly- **not** a personality inventory.

## VIDEO TO LEARN MORE

[TMA Members](#)

([click here](#))

[Non-Members](#)

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Contact TMA with questions at [sara.balsom@tnmed.org](mailto:sara.balsom@tnmed.org)

*"Assessing both the individual and the whole team is an amazing concept. The Judgment Index simultaneously identifies Leadership, Strengths, and the overall Health of people and organizations via a truly unique and dynamic methodology. The Judgment Index assessment balances quantitative strengths while also delivering insights on targeted development potential that I believe is immensely beneficial."*

-Andrew Watson, MD | Memphis, Cardiologist | 2023-2024 TMA President

The Judgment Index™ measures decision-making factors relating to the “work-side” and the “self-side” to see where imbalances may be present. Participants gain a fuller and more comprehensive understanding of their strengths and obstacles in the areas of:

1. Relational Judgment (people)
2. Tactical Judgment (task and determining effective tactics)
3. Strategic Judgment (big picture and global understandings)

Work-side judgment relates primarily to “what” we do, and self-side judgment relates primarily to “who” we are. The “who” will always drive “what” in either enhanced or diminished ways.

The report identifies daily work and life factors that diminish good decision-making in order to provide direction and support of one’s goals in leadership, professional development and for health and wellness, or to obtain a better balance in one’s life.

**TMA Members: \$244**  
**Non-Members: \$314**

## THE TMA JUDGMENT INDEX PACKAGE INCLUDES:

- Individual assessment results and summary report
- 42-page report of your individual results
- One-hour online development course tailored to the participant’s identified growth opportunities.
- Earn up to **2 AMA PRA Category 1 Credits™\***

Discounted programming for physician practice groups and large healthcare organizations is also available and can be customized depending on the volume of participants utilizing the assessment.

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\*The Tennessee Medical Association is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The Tennessee Medical Association designates this enduring material for a maximum of 2 AMA PRA Category 1 Credit(s)™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.